

**KAISER PERMANENTE**<sup>®</sup>  
C o n t i n u i n g M e d i c a l E d u c a t i o n

2006  
Dale Daniel, MD  
Orthopedic  
Symposium

JW Marriott Resort and Spa  
Palm Desert, California

Friday and Saturday  
January 13 and 14, 2006

# 2006 Dale Daniel, MD Orthopedic Symposium

## Friday, January 13, 2006

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| <p>2:30 pm <b>Registration/Snacks/Exhibits</b></p> <p>3:45 pm <b>Welcome/Introduction</b><br/>Donald Fithian, MD</p> <p>4:00 pm <b>EBM Introduction</b><br/>Joanne Schottinger, MD</p> <p>4:10 pm <b>Developing Clinical Questions</b><br/>Amisha Gupta, MPH</p> <p>4:35 pm <b>EBM Resources</b><br/>Yerado Abrahamian, MPH</p> | <p>5:00 pm <b>Critical Appraisal of Studies</b><br/>Marguerite Koster, MA, MFT</p> <p>5:25 pm <b>Evaluation of New Technologies</b><br/>Joanne Schottinger, MD</p> <p>5:50 pm <b>Questions/Discussion</b><br/>Joanne Schottinger, MD</p> <p>6:00 pm <b>Adjourn to Reception</b></p> |
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## Saturday, January 14, 2006

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| <p>7:00 am <b>Registration, Breakfast, Exhibits</b></p> <p>8:00 am <b>Welcome/Introduction</b><br/>Ronald A. Navarro, MD</p> <p>8:05 am <b>Multicenter Randomized Clinical Trial Comparing External Fixation vs. Plating for Displaced Distal Radius Fractures</b><br/>Melvin Rossenwasser, MD</p> <p>8:35 am <b>Dale Daniel Memorial Speaker</b><br/><b>Outcome of UCL Reconstruction in Athletes</b><br/>Michael Schafer, MD</p> <p>9:10 am <b>Bone Morphogenetic Proteins: State of the Art</b><br/>Harvinder Sandhu, MD</p> <p>9:40 am <b>Break/Exhibits</b></p> <p>10:15 am <b>Morning Breakout Sessions</b></p> <p>1A. <b>Foot and Ankle Breakout: Fractures, Dislocations and Arthritis of the Lisfranc Joint</b><br/>Lauren Eric Krieger, MD</p> <p>1B. <b>Joint Replacement Breakout: Annual Report of the Kaiser Permanente Total Joint Registry</b><br/>Robert Namba, MD</p> <p>1C. <b>Shoulder Breakout: Arthroscopic Rotator Cuff Repair: A Critical Analysis</b><br/>Ronald Navarro, MD</p> | <p>12:00 pm <b>Lunch and Business Meeting</b></p> <p>1:45 pm <b>Safety and Efficacy of Treatment for Achilles Tendon Conditions – Tendonitis, Bursitis and Pump Bump</b><br/>Shepard Hurwitz, MD</p> <p>2:15 pm <b>Outcomes and Arthroplasty; Do The Ends Justify The Means?</b><br/>Khaled Saleh, MD</p> <p>2:45 pm <b>Effect of Arm Position After Reduction of Shoulder Dislocation</b><br/>Eiji Itoi, MD</p> <p>3:15 pm <b>Afternoon Breakout Sessions</b></p> <p>2A. <b>Sports Breakout: ACL Allograft vs. Autograft: What is Best for Your Patient?</b><br/>Gregory Maletis, MD</p> <p>2B. <b>Spine Breakout: Total Disc Replacement (TDR)</b><br/>Johannes Bernbeck, MD</p> <p>2C. <b>Upper Extremity Breakout: An Evaluation of Treatment Options for Elbow Contracture Post ORIF</b><br/>Howard Matsuba, MD</p> <p>5:00 pm <b>Adjourn</b></p> <p>Please pick up, complete and return program evaluation to the registration desk and pick up CME certificate before leaving.</p> <p>Meeting room temperatures fluctuate. Please dress appropriately.</p> |
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## Guest Speakers

### Shepard Hurwitz, MD

Professor and Division Head, Foot and Ankle Division  
S. Ward Casscells Professor  
University of Virginia Department of Orthopaedic Surgery  
Charlottesville, Virginia

### Eiji Itoi, MD

Professor and Chairman  
Department of Orthopedic Surgery  
Akita University School of Medicine  
Hondo, Akita City, Japan

### Melvin Rosenwasser, MD

Director of the Orthopaedic Hand, Trauma and Microvascular Surgery  
New York Presbyterian Hospital  
Columbia Campus  
New York, New York

### Khaled Saleh, MD

Associate Professor  
Department of Orthopaedic Surgery & Health Evaluative Sciences  
Division Head & Fellowship Co Director  
Adult Reconstruction  
University of Virginia

### Harvinder S. Sandhu, MD

Associate Professor  
Hospital for Special Surgery  
Weill Cornell Medical Center  
New York, New York

### Michael F. Schafer, MD

Ryerson Professor and Chair  
Northwestern University Feinberg School of Medicine  
Chicago, Illinois

## SCPMG Speakers

### Yerado Abrahamian, MPH

Consultant  
SCPMG Clinical Practice Guidelines Unit  
SCPMG Regional Offices – Walnut Center

### Johannes Bernbeck, MD

Orthopedic Surgeon  
Baldwin Park Medical Center

### Amisha Gupta, MS, MPH

Senior Consultant  
SCPMG Clinical Practice Guidelines Unit  
SCPMG Regional Offices – Walnut Center

### Marguerite Koster, MA, MFT

Group Leader  
SCPMG Clinical Practice Guidelines Unit  
SCPMG Regional Offices – Walnut Center

### Lauren Eric Krieger, MD

Assistant Chief  
Orthopedic Dept.  
Panorama City Medical Center

### Gregory Maletis, MD

Assistant Chief, Orthopedics  
Sports Medicine Subspecialty Lead Physician  
Baldwin Park Medical Center

### Howard Matsuba, MD

Attending Physician  
Hand Surgery  
Bellflower Medical Center

### Robert Namba, MD

Attending Physician  
Orthopedic Surgery  
Orange County

### Ronald Navarro, MD

Chief of Service/Director  
Shoulder Surgery  
South Bay Medical Center

### Joanne Schottinger, MD

Assistant Medical Director  
Quality and Clinical Analysis  
SCPMG Regional Offices – Walnut Center

## Symposium Co-Chairmen

### Ronald A. Navarro, MD

Chief of Service  
Department of Orthopedic Surgery  
South Bay Medical Center

### Donald Fithian, MD

Department of Orthopedics  
San Diego Medical Center

## Symposium Planning Committee

Johannes Bernbeck, MD  
Don Fithian, MD  
Tad Funahashi, MD  
Mary Hurley, MD  
Lauren Eric Krieger, MD  
Greg Maletis, MD  
Howard Matsuba, MD  
Robert Namba, MD  
Liz Paxton, MA  
Steve Schelkun, MD

## Learning Objectives

At the conclusion of the symposium, the participants will be able to:

- 1) Modify their practice patterns to better incorporate new, high-quality evidence from the literature.
- 2) Employ new strategies for prevention, surgical care and rehabilitation of elbow instability.
- 3) Identify risk factors for poor outcome after shoulder dislocation, and use the current treatment options most likely to achieve optimum outcomes.
- 4) Describe bone substitute options and make use of materials that may enhance bone healing and fusion.
- 5) Design and implement strategies to treat Achilles tendon conditions.
- 6) Design protocols to optimize outcomes for TJR.
- 7) Determine appropriate use of plating in the treatment of distal radius fractures.

As a result of the breakouts, participants will be able to use published studies to support clinical decisions in the following specialty areas:

- Spine
- Hand
- Trauma
- Sports Medicine
- Foot and Ankle
- Total Joint Arthroplasty

## Target Audience

Orthopedic Surgeons, PM&R Physicians, Primary Care Providers, Physical Therapists, Occupational Therapists and any other interested healthcare professionals.

## Acknowledgment

The exhibitors supporting this symposium will be acknowledged in the syllabus.

## Accreditation



### Physicians

The Southern California Permanente Medical Group is accredited by the Institute for Medical Quality and the California Medical Association to provide continuing medical education for physicians. The Southern California Permanente Medical Group takes responsibility for the content, quality and scientific integrity of this activity.

The Southern California Permanente Medical Group designates this educational activity for a maximum of **8.5 hours** of Category 1 credit toward the California Medical Association's Certification in Continuing Medical Education and the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

### Nurses and Physician Assistants

Attendees may report up to **8.5 hours** toward continuing education requirements for license renewal. 'CME' can be written in lieu of the provider number on all licensure renewal applications.

Friday – 2 hours

Saturday – 6.5 hours

## Persons with Disabilities



In compliance with the Americans with Disabilities Act, all reasonable efforts will be made to accommodate persons with disabilities at the meeting. If you have any special dietary or accommodation needs, please notify the Event Coordinator listed, prior to the symposium in the Department of Physician Education at 626-564-5338 or tie line 8-338-5338. This advance notice will help us serve you better.

## For Further Information

### Karin Hubbard-Luster, CMP

Event Coordinator  
Physician Education/Education Services  
626-564-5338 (Office)  
(Tie line 338)

### Website

**(Please note new web address available on the World Wide Web)**

<http://www.kpsymposia.com>

## Payments, Cancellations and Refunds

Check or credit card payment must accompany the completed registration form and be received in our office by **December 30, 2005** in order to confirm registration. **Make checks payable to SCPMG.** If you cannot attend, **please cancel by January 6, 2006.** There will be no refunds after this date. Space is limited. Registrations will be taken on a first-come, first-served basis.

## Hotel Information

JW Marriott Resort and Spa  
74855 Country Club Drive  
Palm Desert, California 92260  
760-341-2211

A special room rate is being offered to guests attending our symposium. Please contact the hotel directly and **identify yourself as a member of our group (KAISER PERMANENTE ORTHOPEDIC SYMPOSIUM)** when making reservations. Reservations must be made **NO LATER THAN December 29, 2005.**

Room rates: \$219.00

Reservations received after the cut-off date will be accepted on a space available basis only.

Parking rates: Self – \$9.00  
Overnight Self – \$9.00  
Valet – \$18.00  
Overnight Valet – \$18.00

PLAN AHEAD AND ARRANGE CARPOOLS

## For Directions:

JW Marriott web site:  
<http://marriott.com/property/propertypage.mi?marshaCode=CTDCA>

Map Quest web site:  
<http://www.mapquest.com>



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Education Services Department  
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Pasadena, CA 91188

## **CME Coming Events**

### **Hematology/Oncology**

Friday, January 27, 2006  
Millennium Biltmore – Los Angeles, California

### **Rheumatology**

Saturday, February 24, 2006  
Crowne Plaza – Garden Grove, California

### **Neurology**

Friday, March 10, 2006  
Grand Californian – Anaheim, California

### **Population Care Management**

Friday, April 28, 2006  
Pacific Palms – Industry Hills, California

### **Vision**

The KP Education Services Department is committed to being the leader in providing high-quality, innovative, cost-effective, and accessible education to members, health care professionals and the community that we serve.

### **Mission**

We provide high-quality educational programs, resources and services that align with KP's organizational priorities designed to meet the needs of our members, health care professionals and the communities that we serve.